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#### Come and Join Us!

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Bridge Club	Margaret Stagg	01494 530736		
Cubs - Hughenden			handnhcubs@hotmail.com	
Naphill	Martin Beddows		naphillcubscouts@outlook.com	
Football Club - Junior	Andy Sinclair		mailto:naphillfc_cwo@yahoo.com	
Senior	Harry Salter	07403 249208		
Friends of Naphill Common	Chris Miller	01494 563707	chairman@naphillcommon.org.uk	
Men's Club	Andrew Wasilewski	01494 562770	naphillmensclub@yahoo.co.uk	
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Naphill Neighbours	Janet Judge	01494 563186		
Scouts (Naphill)	Adrian Curtis		naphill@chilternvalescouts.org.uk	
Tennis Club	Jenny Tench	01494 562282	jttench@gmail.com	
Naphill Football Club	Chris Keats		naphillfc@btinternet.com	

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#### Naphill Village Hall



Chairman - Clive Lawrence

Email: chairman@naphillvillagehall.org.uk **Bookings** -Tanya Stevens

Email: hallbookings@naphillvillagehall.org.uk

Tel: 07851 169275

www.naphillvillagehall.org.uk

#### **Local Council Contact Information**

Bradenham Parish Council Clerk	Deirdre Hanson	01494 562254	clerkbradenhampc@gmail.com
Hughenden Parish Council	Clerk Vacent	01494 715296	clerk@hughenden-pc.gov.uk
Hughenden Parish Councillors	Andrea MacFarlane		andrea.mcfarlane@hughenden-pc.gov.uk
Hughenden Parish Councillors	Neil McDonald		neil.mcdonald@hughenden-pc.gov.uk
Hughenden Parish Councillor	Chris Janes		chris.janes@hughenden-pc.gov.uk
Buckinghamshire Councillor	Steve Broadbent	07471 144181	Steve.Broadbent@buckinghamshire.gov.uk
Buckinghamshire Councillor	David Carroll	01494 716967	David.Carroll@buckinghamshire.gov.uk.
Buckinghamshire Councillor	Clive Harriss	07768 876568	Clive.Harris@buckinghamshiregov.uk

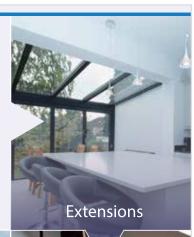
### **Helpful Contact Numbers**

Hughenden Surgery	See website www,ourpractice.co.uk	01494 562189
Out of surgery hours		111
Breast Unit Wycombe Hospital	Breast lumps self refer	01494 526161
Stroke Support Service	Stroke sufferers, carers & family support	0300 3300 761
Shaw Clinic - Genitourinary Medicine	Genitourinary Medicine	01494 425430
Hearing Clinic Wycombe Hospital	Self refer	01494 526161
Specsavers Hearing (NHS hearing tests)	Self refer	01494 520304
Healthy Minds	Anxiety, depression, stress, postnatal wellbeing	01865 901 6000
Bereavement Listening & Support	Bereavement councelling	1296 332600
Wycombe Women's Aid/Also Men	Councelling re domestic violence	01494 461367
		Male 0808 8010 327
Carers Bucks	Help for carers	0300 7772 722
Alzheimer's Society	Dementia information & support	01296 331722

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Copy Date November Gazette 15 October 2022

The start of my tenth year as the proud editor of the Gazette. A gloriously, sunny month off in August, so plenty of time to plan the October Gazette. What could possibly go wrong? This really was a case of the very best plans of mice and men, in my case woman, going completely astray! The very sad death of our much-loved Queen Elizabeth II on 8 September, meant so many things, including our NapFest music, were cancelled at very short notice and many other arrangements had to be made quickly!

The cancellation of NapFest was of course disappointing but an entirely appropriate decision at the saddest of times. Our village hall chairman, Clive Lawrence, has mentioned that the loss of the income from this event plus the cancellation fees which have to be met are a concern for the village hall council who currently face huge maintenance bills for the hall. Never was there a more urgent need for us all to support the big community events which do so much to finance our village hall!

On to brighter and cheerful news! We won the BEST KEPT VILLAGE award! Huge congratulations to all who worked so hard to achieve this great result, a fine example of just what can be achieved when we all work together. I understand that the judges' reports will be published on the various village and group websites. I have included QR codes wherever possible to make accessing sites as

easy as possible. The presentation of the cup was held on 24 September and our printer has very kindly agreed to accept the copy for this edition rather later than usual so that the cup presentation photograph can be included in this edition.

It perhaps will sound odd to say that I have ENJOYED working on this edition which includes so much about our late Queen's death, but you see, this has been an opportunity to share the sadness, to talk about our Queen's long life, and her service to our country. I was so very grateful to Jonathan Hilder for all the photographs he has shared from his visit to London and then to Windsor. Just amazing "on the spot" photos, very special because they were taken specifically for us and of course thanks too for the reports which go with the photographs. My thanks to everybody who went the extra mile to make this edition SPECIAL!

Last month I did miss a couple of articles out, my sincere apologies! Hopefully I have got everything in this month!

I hope you all enjoy a bright, autumnal October and I look forward to sharing with you all in November.

Best wishes

Sonía

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# Naphill Village Hall & Playing Fields Council Chairman's Report

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After hearing the sad news that Queen Elizabeth II had passed away the village hall committee, in conjunction with Hughenden Parish Council, made available a book of condolence. Some flowers were placed on the war memorial in remembrance of the Queen. The committee made the decision to postpone the music event that was to be held on Saturday 10 September as a mark of respect for Her Majesty, at the moment it is planned to hold this event next June.

Naphill and Walters Ash won the De Fraine Cup in the Best Kept Village of the Year 2022 competition and a new a Best Kept Village sign has been installed near the War Memorial to commemorate this achievement.

A committee meeting was held on 5 September using the new format of 8 committee members aided by a further 7 trustees. Several items were discussed.

 The main item was repairs to the village hall heating system. After an update by Dennis Lynch, it was agreed that we should instruct Smiths Heating Services Ltd to carry out the work. We had obtained three quotes, 2 of which were very close and the third was more expensive. The accepted quote was £29,000 including VAT.

- The recent tree survey report revealed that two trees require felling. Replacements will be planted. We are seeking quotes for this work as the survey company quote was over the one quote threshold.
- The tarmac by the Scout and Guides hall has been relaid, so the fire damage in this area has now all been rectified.

The fireworks event will take place on Saturday 5th. November. Tickets will NOT be on sale on the day, so ensure that you buy tickets prior to the event. The bar will be CASH only as the card machines slow down due to heavy use at the event. To help with the entrance queue the gates will open earlier and music will be available. If you would like to help at the event, please let the fireworks committee know. All help, large or small, is appreciated.

The Christmas Fayre will be held again this year on 2nd. December.

Clive Lawrence

Naphill Village Hall Chairman.



















10



Naphill & Walter's Ash Residents Associaton

Best Kept Village in Bucks Competition. We Won!

For those of you not on Facebook, the Residents Association is delighted to announce that Naphill & Walter's Ash have won the DeFraine Cup, Best Kept Village Competition. A fantastic effort which involved everyone in our community from the young to the more senior. The judges' reports and a photo collage illustrating some of the judges' comments can be viewed on our website and on the village website, www.naphillandwaltersash.org.uk.

On Saturday 24 September, Bill Chapple, Chairman of BKVC, accompanied by the BKVC Judges, presented the cup to our secretary, Mrs Gloria Leflaive. Gloria was delighted to accept this prestigious award on behalf of our residents. We have also been presented with our Best Kept Village sign which will now stand outside Naphill Village Hall for the coming year.

In 2023 we will compete against four other BKV winners for the Tindall Cup. Wouldn't it be great if we can win that too! We know our villages are nice places to live, but it is even better to be judged a nice environment to live in. Let's keep up the good work, by keeping our villages neat and tidy. Vice-Chairman - In our previous article we failed to mention that at our July meeting David Frost was elected vice chairman. We welcome David to our committee.

Website - Please take a look at our website, www.nawara. co.uk or use the QR code below. We aim to update the site once a month and if you sign up for a newsletter on the website any updates will go straight to your email account.

#### Nawara Quiz Night - Don't miss it!

Friday 7th October at Naphill Village Hall. Doors open 7pm, quiz starts 7.30pm. £15 per head including a hot supper. Teams of up to 6. If you haven't already bought your ticket and want to come along ring Gloria 563634 or Susan 565161 ASAP.

Our next meeting is 10th October at 7.30pm in Naphill Village Hall. All residents are welcome whether you have lived here all your life or just arrived.



Bartha Pitman NAWARA Chairman







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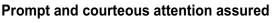
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#### Friends of Naphill Common

The drought this summer has significantly affected the Common, particularly our ponds, around half of which have dried up completely. This is perfectly normal during dry years for dew ponds, which have no source of water other than rain (and dew). The creatures that live in them have evolved to adapt to these conditions - some water snails can tunnel into the mud and estivate (the summer equivalent of hibernate) until the rains refill them, while amphibians can simply walk, and insects fly, away to ponds that retain their water. We also have (or, at least, had, within the last couple of decades) fairy shrimp; small freshwater shrimp which live in temporary puddles, breed and lay their eggs which can survive for several years until the puddle refills when they 'magically' reappear, hence their name.

Pickup's Pond on Downley Road is one that was completely dry, which has killed the Koi carp that were released into it some months ago. This is another reason why 'releasing' goldfish (or any other fish) into our ponds is a bad idea – the fish will not survive, and meanwhile they eat many of the small invertebrates and amphibians, destroying the pond's ecology.

While I'm in chiding mode, we took advantage of the glorious summer weather to dine al fresco and had just finished our meal, leaving a few bones and skin on the plate, when a red kite swooped on the table, in an attempt to grab our leftovers. My wife dashed with the plates back to the house, closely pursued by the kite.

I've heard similar reports of picnics and barbecues receiving similar visits. While it's marvellous to see these magnificent birds at close quarters, an eye level pass just a few feet from one's nose can be quite a shock, and I fear it's only a matter of time until they become a nuisance – rather like gulls at the seaside. This is largely the result of people feeding the kites, accustoming them to humans and associating us with a source of food. Please can I repeat my plea for us to stop doing this, a request echoed by both the Royal Society for the Protection of Birds and the Chilterns Conservation Board.

We have piles of wood chippings on the footpaths running from Chapel Lane up towards Forge Road, and from Woodbine Cottages towards Hunts Hill Lane. Once the tracks start to become muddy again, residents backing on to the Common are very welcome to fill a wheelbarrow and deposit the chippings in the areas where puddles exist.

Meanwhile, our working parties continue in full swing and take place on most Tuesday and Thursday mornings. Because they are dependent on the weather, it's best to check our web site for details (where our walking and other activities are also listed):

http://www.naphillcommon.org.uk/activities.html





Chris Miller Chairman



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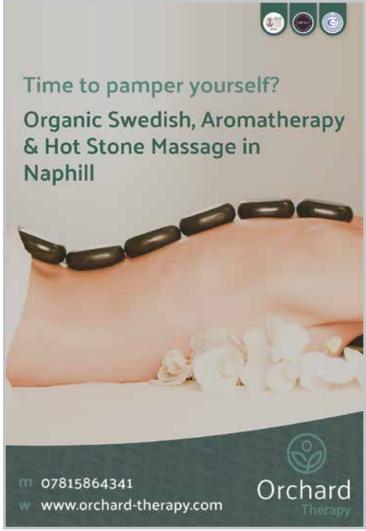
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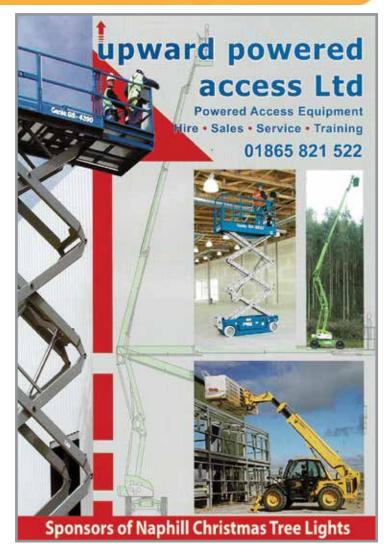
Widmer Farm Park is located at Widmer Feeds Country Store, Pink Road, Lacey Green, Bucks, HP27 0PG



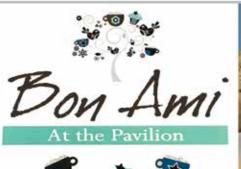
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We have had a very busy summer with so many people out and about over the school holidays making the most of the unusually good weather. We were very pleased to see so many of our "regulars" and to meet many new faces who will hopefully return now they have discovered us. A reminder that our opening hours are 10am-4pm Monday to Friday and 10am-2pm on Saturday. We are closed on Sundays and Bank Holidays. As well as our ever popular bacon/bacon and egg brioche baps, we serve a selection of sandwiches, toasties and paninis, homemade cakes, hot and cold drinks, ice creams, lollies and dog ice creams. We also serve a "special" each day which changes each week.

On Friday 30 September we hosted a MacMillan Coffee Morning with 50p of any hot drink purchased being donated to this wonderful charity which is especially valued by both of us. We also held a cake raffle in the hope of raising even more money for this very worthy charity and we were delighted that so many people came

to support us. If you missed this event but would like to make a donation, do please drop in to see us.

Now the colder and wetter weather has returned we are making full use of the extra back room we now have. All are welcome to use it; it is especially good for larger groups with its sound absorbing boards providing a quieter space if preferred. There is plenty of room for pushchairs and wheelchairs and dogs are always welcome at Bon Ami. We are still displaying some much admired art by local artist Tim Robinson and are keen to encourage more local creators to promote their passion. We have started using coffee roasted locally by James Hastie which has proved popular. Please contact us if you have anything you would like considered as we are at the heart of the community and are always happy to help individuals or groups.

Best wishes,
Dorothy & Ruth.

#### **Naphill Neighbours**



Our members have enjoyed two social events during the summer. It was a pleasure to be together again after the difficulties of recent times.

Our summer outing took place on 21st July when we went by coach to the Saville Gardens where we were able to explore in a leisurely fashion. The gardens remain well cared for and, although not quite as colourful as previous years due to weather conditions, the rose garden and the herbaceous borders were a joy to behold. The restaurant had a varied menu and provided the opportunity for an enjoyable meal and chat. The shop was well worth a visit and a good place

for a browse. There were good ideas for gifts and a fine display of plants to purchase.

The afternoon was spent cruising on the river and enjoying a cream tea while looking at the views. Lovely! This trip was a great success and a repeat of an outing we had previously enjoyed. Yvonne Cook had organised it again by special request; as usual the arrangements went like clockwork. We all appreciated the time and trouble Yvonne had gone to in order to ensure we had a relaxing and pleasant time.

On August 8th, our regular meeting date, we enjoyed a plentiful cream tea in the village hall. A selection of sandwiches, scones with jam and cream, delicious cakes, and as much tea as we could drink! With so much talking going on we were quite thirsty. Fine china tea cups and plates added to the sense of occasion. Quite like the Ritz!

Our next meeting will be on 10 October at the usual time of 2pm. Chair yoga is on the menu; needed after so much eating?

Peggy Ewart 565969





## 'Are You Okay?' Could go a long way to tackling street harassment"

Street harassment is on the rise and that is partly down to our culture of acceptance and tolerance of it. Crimes and harmful behaviours such as public sexual harassment and hate crime (including disability hate crime) are significantly under-reported. A key factor for this is the everyday nature of these crimes and incidents and the fact that they are deeply ingrained in our culture.

Yet no matter how serious the incidents may be, they pervade the lives of those who experience it relentlessly and are often likely to escalate if not addressed.

Harassment often occurs in residential streets close to home, or in local parks, public transport, shopping centres, pubs, clubs, concerts, sports and games.

Neighbourhood Watch is calling for people who witness someone being harassed on the street - whether they are being intimidated or are having offensive gestures or comments made towards them – when it is safe for them to do so, ask the person experiencing it if they are okay.

Those three little words let them know that they stand by them and that street harassment is never okay; it empowers the victim to report it, and sends a message of intolerance towards the crime. In this way we can start to turn that culture of acceptance around.

Sign up to our Community Safety Charter and pledge to take an active stance against harassment. You do not need to be a member of Neighbourhood Watch.

Any organisations can sign up for FREE, including schools, universities, community centres, taxi firms, and public places such as libraries.

Further information is available at: https://www.ourwatch.org.uk/charter

This is the website of the national body for Neighbourhood Watch in England and Wales. It includes the signing-up procedure. Anyone signing up will receive a downloadable copy of the Charter to sign and display in their premises and/or on their website, plus a range of useful information.

#### If you see it, ask it!

How to get in touch with us

Email: office@wdnhwatch.plus.com

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#### Are You Okay?

Neighbourhood Watch recently launched a National Campaign: Are You Okay? to encourage us all to look out for each other as we go about our daily lives. Crimes and harmful behaviours such as public sexual harassment and hate crime are significantly underreported. Street harassment is an issue for us all – not just those experiencing it. Everyone should be able to feel safe in public spaces be that in residential streets, on the bus, or in local parks and high streets. In 2021 Neighbourhood Watch members reported that over one-third of those who had experienced a crime in the past 12 months had been harassed, threatened, or verbally abused in the street - and that includes the elderly. Yet most victims didn't feel empowered to report it and perhaps more worryingly many felt in some way responsible for it happening in the first place. Often it is not an isolated incident which only serves to compound the feeling of 'it's my fault'. It is important to state that it is simply unacceptable, and it is the perpetrator's fault and society's normalising of the harassment.

There are many reasons why we might feel reluctant to get involved – the so-called Bystander Effect', when the presence of others discourages an individual from intervening. Witnessing street harassment and not safely intervening, sends the message to those experiencing it that it's okay and society normalises it. Neighbourhood Watch recognises the challenge of being a witness however its campaign seeks to encourage us when it is safe to do so to ask those experiencing harassment if they are okay. This lets them know that it not acceptable and that you support them. To find out more visit: https://bit.ly/3TUKk1k

Coffee Morning - On a different note, HSA is delighted to confirm that it has teamed up with the Harrow public house in Hughenden Valley for the annual MacMillan Coffee Morning. This year's event will be held on MONDAY 3RD OCTOBER between 10am and noon. Donations of cakes and biscuits would be appreciated. Please deliver in a container with your name on it to one of the following locations:

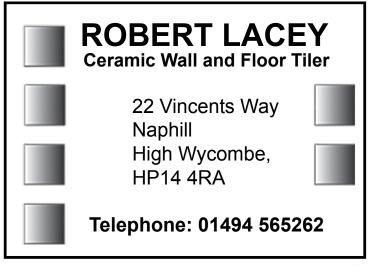
Harrow pub, Warrendene Road, Hughenden Valley on Saturday 1st October between noon and 2.00pm or Sunday 2nd October between 10am and noon.

Anne Smart, Glenellen, Boss Lane, Hughenden Valley (by the side door) or Susan Bickerstaffe, 17 Ash Close, Walter's Ash (in the porch) on either Saturday or Sunday.

Hilda Stearn Communications Co-ordinator Hughenden Street Association hughendensa@gmail.com







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#### **Local Tales** - The Lost Allotment

Some may remember that there were once allotments on the far side of the Common. The area still remains, wild and neglected, in the corner of the field at the top of Cookshall lane. I have vague memories of them and knew one who kept an allotment there. Harold Trendall, a likeable and amusing man I worked with in the late fifties when I was an apprentice draughtsman, and he was a wood machinist at Nicholls and Janes the furniture factory. My memories of my eleven years there are of constant fun, tricks and humour. Harold played tricks; never cruel and mostly at his own expense. He would sometimes relate amusing tales at lunch time in the Nissen hut canteen, and one I remember involved his allotment.

The allotments were separated from the Common by a hedge-tall and straggly as I remember it -and the adjacent Common very different from how it is now. It was much more open with scattered gorse bushes (which we called Fuzz) and very few trees. A path from Downley to Walters Ash ran along some six yards from the hedge. (It was yards then!).

Harold had been digging his plot and was having a breather lent on his spade by the hedge, when he happened to notice, through the hedge, a young man hurrying along the path from the direction of Downley. His behavior seemed a little odd. He was looking furtively around with a concerned expression. To Harold's amusement, when he was opposite him, he turned and backed in amongst the gorse bushes lowering his trousers, obviously unaware of Harold, and crouching right in front of him. Harold deftly slipped his spade through the hedge and underneath him. When he had finished his business, Harold quietly withdrew the spade. The young man, of course, turned to admire his handywork only to be shocked and bewildered at its complete absence. He blinked and looked again in disbelief, then slowly left shaking his head and examining and adjusting his trousers, while still not seeing Harold who said that he often wondered if the chap bothered about the disappearance afterwards from time to time.

Philip Hussey.

#### **Growing Your Own - Dung Part 2**

What were the results of years of applying manure? What were the beneficial results in terms of the nutrients and trace elements added to the soil and the improvement of soil texture? I had my allotment soil measured in 2008 by an independent analytical laboratory, before and after the application of manure for 34 years, and obtained the results for no fewer than 28 elements. As such the analysis was probably unique.

I dug 12 holes in my allotment soil 6 inches deep then took 40 grams of soil from the bottom of each hole, mixed them, and had the mixture analysed. I repeated that with 12 holes from the adjacent path – which had remained undisturbed since 1973 when I took over my allotment and commenced manuring.

My first reaction to receiving the results was one of extreme joy. The application of manure had resulted in 2 ½ times as much nitrogen. There was over 6 times as much phosphorus, over 15 times as much potassium and over 5 times as much magnesium.

The results for trace elements were very satisfactory. There was a marked increase in the vital trace elements zinc, sodium, calcium, sulphate, boron, selenium, chloride and fluoride. Sodium, selenium, chloride and fluoride are not essential for plant growth but they are nevertheless taken up by plants - which is fortuitous since they are essential for human health. The laboratory advised that there were adequate amounts of those trace elements in my allotment soil.

A further eight essential trace elements - copper, molybdenum, cobalt, manganese, iron, nickel, vanadium and aluminium - showed a decrease after the application of large amounts of manure. All are essential for plant health with the exception of cobalt and vanadium which are taken up by plants and are essential for human health. Despite the reductions in these eight essential trace elements it is believed that there are still adequate amounts in my allotment soil - from advice given by the laboratory.

I was relieved and delighted at the results of the tests on all the eleven toxic elements. The average measured amount was only 27% of the maximum permitted level. In no case, even after 34 years of applying manure, was the plant toxic level approached. For mercury, zinc, copper and cadmium the levels even went down after the application of manure, probably because of the creation of compounds which were soluble and which then leached into the subsoil. Of the others, lead appeared to be of concern (at half the DEFRA limit), but that could have been from the deposition of lead from car exhausts onto the farmer's fields and that source of lead has probably ceased with the introduction of lead-free petrol.

All in all, the application of manure was a benefit all round, even including the limiting of toxic heavy metals. It is as though Nature has a guiding hand. Manuring, carried out since Man started to cultivate the soil, gives all-round benefits. It is the natural way.

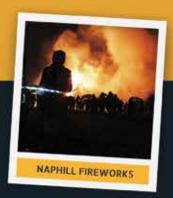
Good gardening!

Míke Mason



### BUCKINGHAMSHIRE'S BEST FIREWORKS EVENT IS BACK!





#### Saturday 5th November

Hello! We are delighted to announce that our Naphill Fireworks Spectacular event is back this year with a bang on Saturday November 5th at The Crick in Naphill!

We've been busy planning our event again this year and we're making good progress. We're always on the look out for local businesses to sponsor our event, so if this is something you'd like to get involved with, please do get in touch (contact details below) and we can explore various sponsorship options with you.

We'll be providing more event details in due course, but safe to say we're planning another exciting event this year including:

- Spectacular fireworks display
- An impressive bonfire
- Live music

- BBQ serving burgers & hotdogs
- Bar with draft beers & wine
- & Much more

Our event depends entirely on volunteers kindly giving up their spare time to give back to our local community. We're at the point currently where we don't know whether we can run a fireworks event next year as we don't have enough people and we'll lose one of the largest revenue streams for the village. If you don't want to see this event drop from the local calendar, please reach out, we need you. Thank you.

The date for your diaries this year's event is Saturday 5th November. For all the latest information for this year's event, please join our Naphill Fireworks Facebook group or visit our website www.naphillfireworks.co.uk

That's it for now, see you all soon.

Pete Dalby Chairman - Fireworks Committee petedalby@outlook.com













#### Update from the Napfest Committee

We are so sorry that we had to postpone NapFest last week. I am sure you will appreciate that the Committee faced a very difficult decision as to whether NapFest could go ahead or not following the sad passing of HM Queen Elizabeth II.

We understood and respected the decisions of some of our key suppliers and volunteers who, in the circumstances, no longer wished to attend NapFest. This in turn impacted the rides, as well as our ability to run the bar and cover the gates. In the end we were simply not in a position where we could have run the event safely or efficiently, and were out of time to muster new volunteers. We also took into account the feelings and views of various parties who felt that NapFest should be postponed out of respect. Therefore, the difficult decision to postpone was made, a decision that we believe was the correct one.

We are actively rescheduling the event and are liaising with our suppliers (whom we have already paid), bands and volunteers to identify a new viable date for next year. We look forward to sharing news and information with you before the end of this month.

All online and cash tickets purchased to date will be valid for the rescheduled event, and if you retain your ticket, we will issue a free drink voucher to be redeemed at the event as a thank you. Should you, however,

require a refund for online tickets, then please request this by emailing nwafete@hotmail.co.uk, or for cash tickets purchased in local venues, please see Claire at the Wheel, where your paper ticket can be exchanged.

It has come to our notice that the online ticketing system added incorrect contact details relating to the postponement. This is a technical glitch which is being addressed with Billetto. Please accept our sincere apologies for any inconvenience. If you have any queries relating to this event or its postponement, please email nwafete@hotmail.co.uk. I know some of you have already written in, however, we wanted to ensure that everyone had the same information on which to finalise any decisions.

Funds we raise from these events go towards the maintenance and running costs of the Village Hall and playing fields which are there for everyone to enjoy. The current cost of living crisis, together with hall lettings remaining lower than pre-pandemic levels, is already presenting serious challenges. This year, more than ever, we really appreciate your support.

We will be in touch again soon with further details. Thank you so much you for your continued support for Napfest - we couldn't do it without you!

Napfest Committee







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#### The Wheel



Thursday the 8th September was an extremely sad day in our nation's history and one we will never forget. A moment in which part of history stopped, and another began. Queen Elizabeth II was an amazing Monarch, and our deepest sympathies are with King Charles III and all the family.

By the time you are reading this we will be into the Autumn months and our amazing summer will be a distant memory. August this year has probably been our best yet and the constant sunshine brought you all out to enjoy the gardens and cool down with a beer or two. I'd like to thank all the staff for all their hard work during those extremely hot days. It is now getting near that time of year when the fires will be lit for you to enjoy your pint in a warm and cosy atmosphere.

I would like to commend the Napfest team for making an extremely difficult decision by postponing 'Music on The Crick'. I know this was slightly taken out of your hands as stall holders, the fair ground and many volunteers cancelled, which would have made the event nearly impossible to run. The fact that we rely heavily on the RAF for volunteers was extremely noticeable this time! Thank you for all the hard work and we look forward to the announcement of the new date soon.

Looking forward! The next event, for our amazing village, is the Fireworks which will be held on Saturday 5th November. As always, The Wheel will be supporting the event by selling tickets and collecting money for those that choose to watch from here. Our kitchen hours will change slightly on that day 12 – 2.30pm and 5pm – 8pm, please book for a table as ths is always an extremely busy night.

We would like to say goodbye to Izzie Webster and good luck at Manchester University. We welcome Alison Strange back to the family and her brother Michael has also joined us.

Once again thank you to everyone for their ongoing support.

Cheers

Claire and Mark

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#### Message NOT from Hughenden Vicarage

Walking from Great Kingshill towards Hughenden Valley via Hatches Lane, I am struck by the how lush and green the fields and verges are looking. What a contrast from the scorched earth of July with everything dry, brown and shrivelled. It is a vivid reminder of the changing seasons we perhaps take for granted, here in the United Kingdom.

*In the Bible's book of Ecclesiastes (beginning of chapter 3)* we read 'There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die, a time to plant and a time to uproot... a time to weep and a time to laugh, a time to mourn and a time to dance.

As a nation we have bid our farewell to Her Majesty Queen Elizabeth II, following a season of national mourning. moving it was to see people lining the streets as she travelled through Scotland, and to see 1000s queuing patiently to pay their respects, as her coffin lay in



West Minster Hall. Although the funeral and official time of mourning for Her Majesty is over, many will continue to feel the pain of her loss. We are grateful for the season of her public service and faithful Christian witness which shone so brightly for more than 70 years. With the Queen's passing begins a new season for us under the reign of King Charles III, long live the King.



On 2nd October, St. Michael's celebrates the season of harvest, giving thanks to God for His provision of crops, farmers, and all who work to provide us with food. We will be receiving donations in support of the One Can Trust which provides food for those who find themselves in a

difficult season, without the means to put food on the table, often through circumstances beyond their control. More people are likely to need their assistance with the increase in cost of living.

As well as remembering Her Majesty Queen Elizabeth, on Sundays through September, St. Michael's focused attention on the planet and 'Creation Matters'. We recognised the negative impact of climate change and acknowledged how our current lifestyles contribute to warming the planet. It is a sobering fact that as we celebrate Harvest, millions of people in Africa are hungry because the expected rainy

season has failed multiple times. Now is the season for us to take our warming planet seriously, to do our bit, to lead by example. There are lots of resources to help us make a start, for example: https://ruthvalerio.net/green-living/





We can't do everything but we can all do something, now is the time.

> Rev. Helen Peters **Associate Minister**

#### Church News



As the print deadline for The Gazette approaches, it is difficult to think of anything other than the tumult of the past few days.

In the church a book of condolence has been opened, and the Church is available, as always, for private prayer during the hours of

daylight. The wonderful pictures set at the back of church to celebrate Her late Majesty's platinum jubilee, remain for a little longer, having taken on a new and poignant significance.

Looking forward, as we must, after we said goodbye to toddlers who left Tiny Tots to go to 'Big School', we were pleased in the group to be informed that our number will be swelled by some new arrivals within the next months: we look forward to their arrival!

In October, we celebrate Harvest in the usual morning services on the 2nd, and in the afternoon at 2pm we welcome the Oxford Deaf Church to celebrate Harvest festival.

The weekend of 7-9 October is our Parish weekend at High Leigh House, so the service in Church will be a single combined service at 10 am.

Before then, we welcome back Keith, our vicar from his sabbatical which ends at the end of September.

Jane Tyrer







Her Majesty the Queen was the patron of Girlguiding. All those in Girlguiding have made a promise to do our best to serve our Queen and our community. We could not have wished for a more shining example of what that means.

As I write, we are looking forward to starting our new Brownie year.

The brownies will help us to plan our activities for the coming term. I wonder what they will choose?

Alongside our weekly brownie meetings filled with crafts, challenges, games and new skills, we also have our Brownie Jumble Sale on Saturday 1st October and the village Remembrance Service on 13th November.

If you know a girl aged 7-10 years old who would like to get involved in Brownies, do get in touch.

You can either register interest via the Girlguiding website, or email me directly.

We look forward to hearing from you.

Brown Owl.
Ruth Daly
ruth.daly3@btinternet.com
1st Naphill Brownies
Thursdays 5:45-7pm

#### **Shear Madness**

Depending on your generation you will all have memories of where you were at a significant time in history, whether it was the shooting of JFK or the death of Elvis Presley, John Lennon getting shot, Princess Lady Diana and now sadly HRH Queen Elizabeth. My first memory was at my nans house in Devon during the long school holiday when it came over the radio to say Elvis had been found dead in his home in Memphis. I was quite young but I can remember my Nan bursting into tears and my brother and I were confused and baffled as to why was she crying over a man who sings on the radio? I didn't quite grasp the magnitude of the situation. So I think it's important to support our younger villagers as this may hit them harder than you might realise, maybe even their first encounter with grief, so talk to them about it, sadly death is still a taboo subject and we need to change this, so hug your loved ones tight and remember the importance of family and friends old and young.

I raise a glass to you Ma'am and thank you for serving our country through the good and bad times, you will be greatly missed.

Mandy x



#### RAF High Wycombe - A message from the Station Chaplin

Over this last year, for many of us we have experienced many firsts. The late Queen's Platinum Jubilee, temperatures that have beaten previously held records, and of the death of Her Majesty Queen Elizabeth II and the succession of King Charles III.

With all these firsts, it can make us feel that things may never be quite the same way again which can naturally offer us an element of uncertainty. Yet while there are many firsts we are experiencing, surely this is the natural eb and flow of the world in which we inhabit. We like certaint-y because of the security it offers us, yet if things do not change, they remain fixed in one state where there may be no growth.

On Sunday 11 Sept, my other half and I ventured into London to pay our respects to the late Queen. While feeling a little sad on the way in, entering into all the crowds who were there around 'The Mall' and 'Green Park', there was a true sense of thanksgiving for the life of dearly departed

sovereign and wishing her a peaceful rest after a lifetime of duty to her people. While passing the Victoria Monument we had the privilege to see King Charles III returning to the Palace which really struck me that how quickly change can happen and the sense that this has happened for almost a thousand years in our country.

Ecclesiastes 3:1 says, 'For Everything there is a season and a time for every matter under heaven', which certainly for me says about how we are forever in that state of flux, whether it is the change in the weather or the seasons, running to the change of the monarch. Let us be thankful for the life of Her late Majesty and look to the future of those things to come, in the knowledge that 'there is a season and a time for every matter'.



Peace and all good, Reverend Andí Chapman Stn Chaplain; RAF High Wycombe.





#### Naphill & Walter's Ash School

Yr.5 pupils wrote their messages to commemorate the Queen and made this special wreath which is displayed in St. Michael's and All Angels Church in Hughenden.



It is with great sadness that we honour the passing of Her Majesty The Queen. Her compassionate spirit, tireless dedication and steadfast sense of duty will forever be remembered.

We share our sincere condolences with The Royal Family for their loss.



SMYTHSON



#### **London Tributes to the Queen**

On Tuesday, 13 September, Mary and I felt we would like to go to London and pay our respects to our late Queen, who has become the nation's Grannie and the most amazing lady who has been the countries rock for so long. We took the advice of TFL and walked from New Bond Street to Green Park.

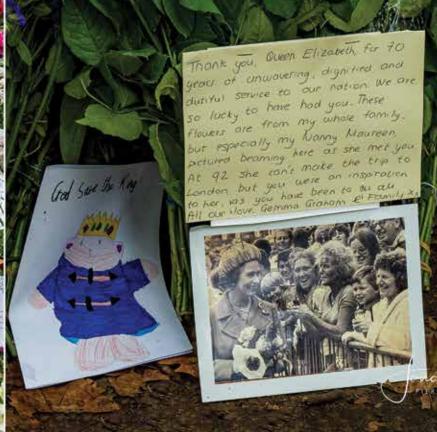
We were entranced by the tributes in the windows of stores along the way (these are the first pictures) Then on to Green Park, stunning organisation, great signage, good stewards, and fabulous work by the Royal Parks in organising the floral tributes. Here are a few pictures of the flowers for you all to enjoy.

God save The King.

Jonathan Hilder











#### A Life Like No Other - Her Majesty Queen Elizabeth II

Like the majority of the citizens of the UK, I have lived my entire life in the reign of Queen Elizabeth II, so I have never known a time when Her Majesty has not been present. I was born when Her Majesty was just 30 years old – the same age as my own daughter is now. The Queen has been a constant backdrop to key events in my life, especially during my 'former existence' as a military wife. Since my ordination in 2011, she has also been my boss – in a private ceremony prior to entering Wells Cathedral, I had to swear fealty to her as Head of the Church of England before I could actually be ordained. From Thursday 8th September, a huge piece of that backdrop has gone.

We all knew Her Majesty had become increasingly frail with the string of cancelled engagements beginning to ring distant alarm bells. An experienced medic told me what was probably ailing her – there were a number of 'tells' which were obvious indicators to the trained eye. I was at work when my daughter sent me a text 'The Queen is getting ready to meet Prince Philip'. A quick phone call told me that the senior Royals were all en route to Balmoral. I carried on with my work and running an errand after work switched the radio on to hear the announcer speaking about the King. Her Majesty was gone!

What can we say? The nation's constant, the symbol of its identity, its beating heart was now forever stilled. I dare say, some nerd will surely calculate how many Olympic sized swimming pools could be filled from the tears shed on that day – I added my fair share.

The tributes came thick and fast penned by the great and the good from all over the world. I am sure we each have our favourites. Mine are the words from President Biden describing her as a 'stateswoman of unmatched dignity'. What else can be said?

The hole that Her Majesty's death has left in our national psyche will never be filled, nor should we ever seek to do so, but we can step up and be a part of her legacy by giving the same loyalty we gave her to the new King . Some cultures have the belief that no one ever dies until the good they have done in their lives has vanished from the earth – by that measure, Her Majesty will surely live for ever as sung in the words of 'Zadok the Priest' at her coronation.

The text my daughter sent me was insightful. We all noticed how deeply the death of Prince Phillip affected our Queen. It was almost as if all she wanted to do from the moment of his death was to be reunited with him. In a relationship as close as theirs was, it is not uncommon for the surviving partner to continue to live for only a short period after the death of their soul mate, literally dying of a broken heart. If this is the case, for anyone with a heart as big as the Queen's, a broken heart would surely be a mortal wound. The great Christian hope is one of life after death in a place where we will be reunited with those we love, Heaven. Perhaps that's how we should think of her now, in Heaven; strong, healed, restored and reunited with her beloved Prince for all eternity.

May her Majesty rest in peace and rise in glory.

Rev Jenny Ellis

# Her Majesty Queen Elizabeth II 1926-2022



#### Hugheden Parish Council Notice of Condolences



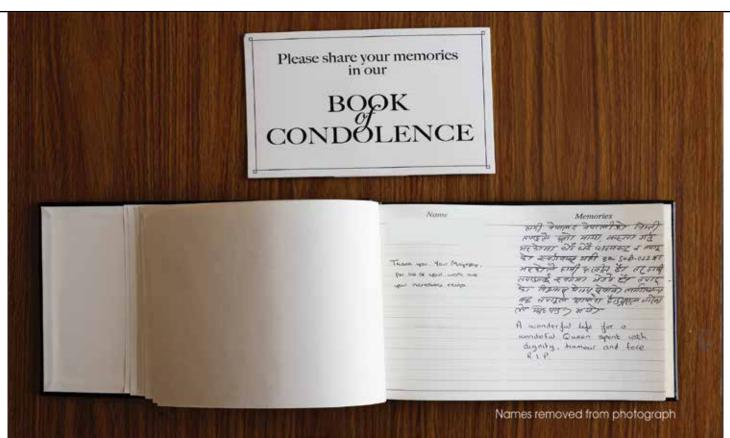
Hughenden Parish Council shares our residents' sadness and sense of loss at the death of Her Majesty. Few of us remember a time when she was not our Queen, and we are grateful for her unwavering service to our country and the Commonwealth. We send our deep condolences to the Royal Family on behalf of the residents of Hughenden Parish.

#### Residents' Book of Condolences

This was made available to be signed

Naphill Village Hall

Friday 16 September: 2.30- 18.00 Saturday 17 September 9.00 - 18.00



The parish book of condolence was taken to Hughenden, Naphill, Widmer End and Great Kingshill. Here in Napill, our village hall council members kindly made the book available for residents to express their sadness and to honour the Queen's remarkable life of service to our country.





#### A Message from Rob Butler MP

The death of Her late Majesty The Queen profoundly touched us all. Although she was 96 years old, when that desperately sad moment came it was still a shock, because it had almost felt that she would always be there. It was a privilege to be able to pay tribute to the Queen in the House of Commons on behalf of all my constituents. As I said in Parliament, her tireless dedication and unwavering service are unparalleled and will never be forgotten.

Many MPs had been fortunate to meet the Queen, and they had wonderful stories to tell, frequently referring to her sense of humour and the twinkle in her eye. My own memories of Her Majesty are, I suspect, similar to those of the vast majority of the public: I never met her, yet she was somehow very much in our lives. I remember making a scrapbook on the Royal Family for a Cub Scout badge, a village tea party for the silver jubilee, seeing the Queen on the royal barge during the diamond jubilee flotilla. They are snatched glimpses and modest memories, yet there is still an incredible sense of sorrow that she is gone.

The Queen visited Buckinghamshire several times during her 70 years on the throne: including in 1962 as part of a celebration of the 10th anniversary of her accession, in 1969 to open Stoke Mandeville stadium, and then in 2002 to mark her golden jubilee. The affection that we felt for her locally was vividly demonstrated just a few months ago during the platinum jubilee celebrations when so many came together, from the youngest child to the most senior citizen, to demonstrate gratitude and appreciation for the commitment and duty shown throughout the Queen's incredible reign. This was reflected in the Memorial Service held by Buckinghamshire Council at St Mary's church in Aylesbury, a wonderful

opportunity for representatives of numerous local organisations and faith groups to gather and reflect on the Queen's service spanning 70 years.

The death of the Queen was followed by the accession of His Majesty Charles III as our new King and I was pleased to attend the reading of the Proclamation of the Accession in our county town. His Majesty's first TV address to his people set out his determination to follow his mother's example of lifelong service, committing to endeavour to serve with loyalty, respect and love. In a very moving event in Westminster Hall, the King reminded us that "While very young, Her late Majesty pledged herself to serve her country and her people and to maintain the precious principles of constitutional government which lie at the heart of our nation. This vow she kept with unsurpassed devotion."

He concluded, "She set an example of selfless duty which, with God's help and your counsels, I am resolved faithfully to follow." It was a heartfelt and sincere message, and I am sure you join me in wishing him every strength in fulfilling his heavy responsibilities. God save the King.

**Rob Butler MP** 







#### Over The Rainbow-September 2022

Just a couple of Gazette editions ago, I had the fun of sharing my memories as a young teenager of our late Queen's coronation – then in a heartbeat on that early September day she was gone, and we had a King. A very strange, quiet and surreal moment.

First as Princess Elizabeth, and then as Queen Elizabeth II, she had been part of my life since I was born. She was someone to be proud of, to admire, and that at such a young age she accepted the heavy and not always rewarding 'Duties of State'. I'm sure at times her young married life had its sad moments-not for her leaving her babies with a carer for a day while she went to work, but for months on end – I could not imagine leaving a babe in arms and arriving home to a walking tot! Like all women with a family, life wasn't always a bed of roses – children get into 'trouble' 'make mistakes' but we don't have it all aired in public as in her Annus Horribilis. Trouble was carried with dignity, and never interfered with her beautiful smiling public face.

At 96, her time had simply come- sad - but as I'm sure any readers of my age will admit, we become fairly prosaic about the passing years!

So now we have a King! I remember him being born, and the excitement of my family, but as I was only 8 years old the significance of Royal Lineage being ensured, passed me by – and as for birth, in 1948

babies were either 'brought by the stork' or 'found under a gooseberry bush!'

So Charles and I grew up together – (metaphorically!) On his first day at prep school I recollect a photo of rather a glum little boy in his Cheam School uniform. His years at Gordanstoune School (tough time if paper reports are to be believed). I remember the amusing, but then sensational, shocking news report that he had been spotted in a pub ordering a cherry brandy at a very young age. Onto university while all this time being 'trained' to be a King......

I collected pictures of him from magazines etc. he was a very handsome chap! He was a complete teenagers 'crush' worldwide!

He certainly has not wasted his years while waiting for The Top Job. A man well ahead of his time on Global Warming, founder of The Princes Trust which has helped thousands of young people to have a better chance in life, and much, much more. His love of music and enjoyment in his family and Grandchildren, shows, like his Mother, he's sensitive and caring as well as a hardworking man. His 'performance' and dedication to duty have really shone in the sad days after his Mother's death.

We are in safe hands - GOD SAVE THE KING.

Margaret Hunter





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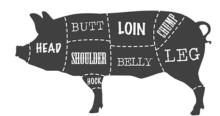
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Here's a health unto His Majesty!

A patriotic royalist song composed to celebrate the return of King Charles II bids us drink the health of the newly restored King. Things did not end well for the first King Charles, but the second King Charles, aka the Merry Monarch, was ahead of his time in many ways. Sadly, many of Charles II's reforms and ideas were not implemented – the country was just not ready for them. As we welcome our new King, the third King Charles, we must all be wondering what his monarchy will bring.

We have just said the saddest of farewells to our beloved Queen. Her's was a race incredibly well run, a life of service, of Christian faith, of sheer selfless devotion – a hard act to follow. But follow our new King must. At 73, he begins his life's work – just when most of us are putting our feet up in well earned retirement. As someone soon to retire, I am thinking 'why do I have to give up working now?' Now is the time when I have the most experience I have ever had, can do my job better than ever before, when I have the most honed people skills, the most knowledge of my field – now, when I am at the pinnacle of my career, I have to step down. King Charles III has had 70 years of his mother's example, plus the own role he carved out for himself – finally he can embrace his destiny and put into practice all that he has learned.

Like his former namesake, he has been ahead of his time. His was one of the first voices raising concerns for the environment. We dismissed his voice back then as tree-hugging nonsense, the banal wittering of someone with nothing better to do. We now see that his voice was nothing short of prophetic; we must embrace his prophet's message for we ignore it at ours and the world's peril. Ahead of his time in so many ways, he has had time to consider what manner of King he will be. He has a hard act to follow and inevitably a much shorter time in which to do it, but all the indicators are that he has made a good start. Will the aka of Good King Charles become his legacy?

The world has greatly changed since we last had a King Charles on the throne of the United Kingdom. The reforms that Charles II tried and failed to bring about have now become mainstream. We can all see things throughout our world that need changing, voices that need listening to – as King Charles III accedes the throne, may his voice continue to be that of a prophet and may we heed his call.

From 8th September, I had a new boss. When I was ordained, I had to pledge allegiance to the Queen as Sovereign head of the Church of England. That allegiance has now shifted to King Charles III. I'd like to invite you to pledge your allegiance to our new King too, that together and with God's guidance, we may work towards making ours a truly United Kingdom.

Here's a health unto His Majesty King Charles III!

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## Camomile PT - Back Pain and exercise



I wanted to share with you a story of a client of mine who has made fantastic progress. I have changed her name to protect client confidentiality.

Helena in her 40's, came to me a year ago, as she had been suffering with back pain for many years, in fact for most of her adult life. She used pain medication to enable her to live and work. She was visiting an osteopath every 6 weeks and for urgent appointments over the years, and really needed these sessions regularly to enable her to keep moving. Her osteopath recommended she engage a personal trainer to help her start exercising and referred Helena to me in 2021. I work very closely under the guidance of the osteopath to ensure full coordination of treatment and exercise.

We started off very gently with a 121 session each week, during which we covered breathing, posture and core stability and endurance exercises. Helena practiced the breathing and posture work every day (just for a few minutes per day until it became second nature), and very quickly noticed that she felt calmer, and was standing up straighter and her back was feeling more comfortable. She practiced the core exercises 5 times per week and a couple of weeks further in noticed that her core muscles all around her middle were feeling stronger. At this point she reported feeling that her back was starting to feel more secure whilst standing and moving so we gradually introduced more advanced movements and exercises, all of which were functional (i.e relevant to the movements we need to do day to day such as standing, sitting, getting up off the floor, walking lifting and carrying).

Fast forward a year and Helena is now able to comfortably perform all these types of movements without pain, and has been able to phase out her prescription pain killers (with the approval of her GP of course). She has also reduced the frequency of her osteopath visits.

I am so proud of her, as she has, despite feeling worried about doing exercise initially, made time for herself every day to do her "homework" and is now seeing fantastic results. She has a much better quality of life and it has been a privilege to support her on her journey.

If you are suffering any sort of back pain, please do consult your GP, physiotherapist, chiropractor or osteopath (note that you can self-refer to the last three specialists), to check out any issues and to obtain clearance to exercise, before starting any exercise programme. Please feel free to get in touch if you have been advised to exercise by a primary healthcare professional, and would like some guidance.

Thank you for reading, Hilary

Camomile PT Personal Trainer and Nutrition adviser https://linktr.ee/camomilept





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#### The Black Lion

Firstly, we would like to thank each and every one of our customers who have supported us through the glorious summer months, we've had some great beer garden weather, we've really enjoyed it and we hope you have too! But now, we welcome you to Autumn at the Black Lion! Whilst we know Autumn is a beautiful time of year, let's not pretend that the prospect of dark evenings and the great British weather isn't on our minds!

At the Black Lion, we are not going to let that get us down! We have some really exciting things going on at the Black Lion with our new Child's play area arriving imminently (sadly, due to reasons beyond our control, there were delays with it over the summer but better late than never we always say!)

We also have a covered outside area on its way! Equipped with both heating and lighting, it'll be the idea place to finish a brisk walk, enjoy an alfresco lunch or just catch up with friends whilst still enjoying our beautiful garden.

- Dates for your Diary:
- · Saturday 29th October

The Black Lion Halloween and fireworks night. With prizes for best dressed adult and child, Free kids face painting, our delicious BBQ and some seasonal drink specials including Mulled Wine, Mulled Gin and Mulled Cider! Head down and join us from 7pm!

Wednesday 19th November

The launch of our specially designed Christmas Menu... we know nobody wants to talk about Christmas just yet! However, it's a busy time of year for everyone! So we feel it's never too early to get a festive get together with family and friends booked in your diaries!

We've got loads going on over December so keep an eye open for details on Breakfast with Santa, Christmas Parties and Carols round the tree!!

Thank you for taking the time to read and we look forward to seeing you all soon!

Tanya, Jon and the team at The Black Lion

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## Remembering Daisy Leek - Much loved by all who knew her



It is with sadness we have to inform you that Mum passed away peacefully in her sleep on 28th July 2022 aged 96 years.

Mum had lived in Naphill for over 60 years and was a well known character having been a member of many Naphill Organisations and a Trustee of the Naphill Village Hall Council for many years.

Mum loved a giggle and a chat and the family want to thank all those who have expressed their condolences and kind thoughts and wishes in memory of her passing.

If you need any further information please do not hesitate to contact me.

Best regards,

*Ian Leek* 07836642398

## Chiltern Hills Arboriculture – The Next Challenge

At the time of writing this we are but three days into the period of mourning the loss of Queen Elizabeth II. It has been interesting to hear the anecdotes of her life, experiences, and the of the way she touched other people's lives. I never met the Queen, or indeed any other members of the royal family. The closest I got to a connection is knowing that, as a seven year old child, my mother watched on as the Queens father King George VI pinned the George Medal on my grandfather's chest at Buckingham Palace. This was in acknowledgement of an act of bravery during his time in the Civil Defence during the blitz in east London.

Moving back to the current day, we have another event to celebrate and support. Our own CHA "home grown" have a go hero Danny Peacock is going into battle, down, dirty and desperate... But all in a good cause.

Tough Mudder is the sort of challenge that men and women much younger (and arguably less sane) than me get involved in. Think of a 10 kilometre run but add in plenty of shin deep mud, some obstacles that wouldn't look out of place on "SAS Who Dares Wins".... and, just for fun, some "electro shock treatment" along the way ..... yes you did read that right, the sort of thing that is outlawed by the Geneva Convention, but still practiced in some South American countries. Thanks all the same but I think I will stay at home with a cup of tea and some chocolate digestives. So why is Danny doing all this? For a laugh.... for the good of his health..... because climbing trees for a living is not challenging enough?

The Tough Mudder Challenge event is on May 7th at Culden Faw, Fawley, Henley on Thames, RG9 3AS.

Every year at Christmas our Masonic lodge organises a lunch for unpaid, full time carers of people with disabilities, illness or frailty. Last year we were able to host 80 carers at the Masonic Centre in Beaconsfield for a slap up three course meal with entertainment. Aside from the break from responsibility, it gives the carers an opportunity to meet with others performing the same roles and appreciate that they are not alone. The whole day is staffed by Masonic volunteers. Danny has helped out over the last few years, waiting on tables, serving meals, and generally chatting to our guests through the afternoon. However this annual event is under threat due to lack of funding. In becoming aware of this Danny is hoping to secure sufficient sponsorship to ensure that the carers lunch can continue and be guaranteed for at least two more years while further funding is sought.

If you feel able to make a donation the fundraising page can be found here. Thanks for your support.

https://www.gofundme.com/f/bucks-carers?utm\_source=facebook&utm\_medium=social&utm\_campaign=p\_cf%20share-flow-1&fbclid=lwAR3pvldDLAb659JgKd9rtL6Fv\_0HeSNxslQUGqrQcN0Ml2Pw\_WLZ\_0QZPFo

More about the challenge here:
<a href="https://toughmudder.co.uk/tough-mudder-10k/">https://toughmudder.co.uk/tough-mudder-10k/</a>

More about the Bucks PGL Carers Lunch here
<a href="https://buckspgl.org/in-the-community/cheque-presentations/521-time-out-for-adult-carers">https://buckspgl.org/in-the-community/cheque-presentations/521-time-out-for-adult-carers</a>

Míke Beckley Chiltern Hills Arboriculture



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## Naphill Village Hall Service of Remembrance 13 November at 2.30pm

The Annual Remembrance Service will be held at the Village Hall, Naphill on Sunday, 13th November at 2.30pm.

The Service will be taken by Padre Andi Chapman, the Station Chaplain at RAF High Wycombe.

I hope that this year that there will be a good attendance and you are all invited to come. A reminder to all who attend that there will be a collection for the Royal British Legion Poppy Appeal after the service, so please remember to bring along some cash.

Wreaths will be laid at the end of the service on the Remembrance Stone. I should remind that all organisations that it is their responsibility to provide their own wreaths.

Remembrance Day holds a unique and special place in our national calendar.

It gives us all a chance to remember and give thanks to the thousands of allied men and women who have given their lives to ensure our freedom from the tyranny of oppression. We must all remember the gifts of their lives for our freedom.

Reg Horne

## **Valley Players**



On Saturday 3rd of September, Valley Players performed their much delayed Murder Mystery Supper "Dig for Vengeance". Originally scheduled for March, it's performance was postponed twice by the effects of storm Eunice which blew the roof off Hughenden Valley Village Hall!

The format of the event was a "radio style" show of a murder story over 3 short acts, punctuated by an excellent supper. The audience were asked to work out the murderer and of course, points won prizes!

The story centred on a Mrs Jenifer Jardine, one of those local do-gooders who have a finger in lots of village pies! With being the usual busybody and chair of many local societies, she obviously made enemies, resulting in her being blown up in her potting shed while potting-up a Monkey Puzzle tree.

Oh, there were lots of suspects - the vicar, her husband, the local beautician, the landlady of the Sodbury Arms pub, maybe the cleaner or her husband, who is obsessed with his allotment, along with his best mate the local grave digger. The local Detective Inspector from the Plodshire police conducted a full investigation working out "who dunnit" and making the arrest.

It certainly wasn't the butler! Like the Agatha Christie's "Mousetrap", I am saying nothing as we may repeat the event in the future.

Looking to the future and we're talking Christmas, rehearsals are getting underway for Panto 22, "Aladdin - Adventures in the East", performed at Hughenden Village Hall on the 8th,9th and 10th December. For more information and ticketing contact information will be in the next edition of the "Gazette"!

As always if you would like any information about the Valley Players and feel like joining, contact me!

Andrew Pítman (Chair, Valley Players) ajpitman123@gmail.com

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## Gordon the Bird Man - Bird Ringing Part II

Placing a lightweight, uniquely numbered metal ring around a bird's leg provides a reliable and harmless method for indentifying birds as individuals. Thanks to the efforts of over three thousand trained ringers (most of whom are volunteers) some 900,000 birds are ringed in Britain each year. While much of this ringing takes place in the countryside, several ringing projects focus on gardens and their birds.

The number of individuals in a given population of birds is determined by the number of fledglings produced and the subsequent survival of both the young birds and their parents. It is also shaped by movements of individuals into and out of that population.

The Nest Records Scheme collects data on productivity and ringers collect data on survival allowing the relative influence of each of these on population trends.

The use of colour rings allows individuals to be identified in the field, as opposed to having to be recaptured. Colour marking is particularly useful for species that can be ringed as nestlings but which are difficult to catch as adults i.e. Swifts, raptors and seabirds. Another advantage of using colour rings is that bird watchers can contribute to researcher's knowledge through their sightings of colour ringed birds. It is certainly worth keeping an eye out for birds carrying colour rings in your garden.

To age a bird it obviously has to have been ringed as a nestling and found at death. Many of our garden birds are resident species but some migrate huge distances, travelling between breeding sites here and wintering areas in Africa. Others are winter visitors to Britain, arriving from breeding grounds in Scandinavia and Russia. So, put simply, there are fewer people in remote breeding or wintering grounds than in the packed British Isles, which means that the chances of a ringed bird being encountered are greatly reduced.

So how long does a particular bird live for, or how old is the oldest individual on record? While humans tend to think in terms of longevity, researchers tend to talk about survival. This expresses the chances of an average individual surviving from one year to the next. There is an incredibly rich set of data on these kind of facts and figures, available on the Bird Trends Report. These are a few of those figures.

Magpie	21 years	08 months	23 days
Jackdaw	18 years	00 months	26 days
Starling	17 years	07 months	25 days
Blackbird	15 years.	02 months	05 days
House Sparrow	12 years	00 months	12 days
Chaffinch	13 years	11 months	26 days
Greenfinch	11 years	11 months	26 days
Great Tit	10 years	05 months	18 days
Blue Tit	09 years	08 months	16 days
Robin	08 years	04 months	30 days
Wren	07 years	03 months	06 days

Gordon

#### **Bradenham Parish Council**

At our July meeting, John Shaw, Director of Chiltern Rangers, gave a presentation on the work of the Chiltern Rangers and the work they have been doing in our parish with the National Trust, the RAF and school children. We learned a lot about their work. The Chiltern Rangers enhance the Chilterns habitats through conservation, education & community engagement. They are always looking for local volunteers to help with a variety of work, outdoors and indoors. You can find them on Facebook, look at their website www.chilternrangers. co.uk or email them info@chilternrangers.co.uk or phone them 01494-474486. If you are interested in volunteering all age groups and abilities are welcome.

We welcomed a new RAF representative to the meeting, our relationship with the RAF has always been very valuable to us. Trevor Hunt was co-opted as a new councillor and welcomed to the council, we have a full house again.

It had been agreed to look into the possibility of a stepped reduction of the speed limit on Bradenham Wood Lane and assistance was sought from Jim Stevens and the Community Board. At present the costs are prohibitive with doubts over the possibility of obtaining consent. It was decided not to pursue the matter. The condition of the church boundary wall was discussed.

A jubilee party had been held on the green Sunday 5th June. There had been a good turnout. The cricket club, the church, residents, manor garden tours and a jazz band all contributed to a festive jubilee celebration. The organisers were thanked for their contributions.

Our next meeting will be Monday 19th September @ Bradenham Cricket club starting at 7pm.

All welcome.



Deirdre Hansen, clerk to the Council. clerkbradenhampc@gmail.com

www.e-voice.org.uk/bradenham-parish-council



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October is a good month to look for and photograph fungi. We are very lucky to have Naphill Common on our doorstep where over 390 different species have been found including a few rare species. Get down low to photograph them. Use any camera or phone. Go on give it a go.

Wycombe Photographic Society meets in the large hall at Hughenden Valley Village Hall, on the 1st, 2nd & 4th Wednesday each month at 8pm. We have a new programme of events, wider range of Guest speakers and lots more

5th Oct Autumn Exhibition print selection

12th Oct Talk by Julia Wainwright FRPS MPAGB

14th, 15th & 16th Oct Our Autumn Exhibition in the Small Hall – everyone welcome

26th Oct Members images & critique

To see everything that is happening at Wycombe Photographic Society please visit our website at: -

www.wycombephotographicsociety.org.uk

Peter Davis

Membership Secretary
Wycombe Photographic Society







## Princes Risborough Rotary Club - www.rotary-ribi.org/clubs/homepage.php?ClubID=561

The Club was heavily involved in the running and support of the Kop Hill Climb, which took place on the 24th of September, and which raises many thousands of pounds for local and national charities. There will be a further report on this in the next edition of the Gazette.

On the 11th of September a nephew of one of our members completed a tandem parachute jump for the Epilepsy charity (the first 2 attempts having been hampered by weather), raising over £1000. Additionally, we are providing financial support to, and further developing our formal partnership with the charity "Ukraine2Chilterns", which was formed by a group based in Lacey Green/Loosely Row to support refugee Ukrainian families. This is one of our major fundraising focuses this year. More than 140 individuals are now living locally, and there are many more still holding in various European countries waiting for visas to come to our area. For more details see their website at ukraine2chilterns.com.

The Charity has set up a "New2You" shop, which provides a range of clothing, shoes, underwear and school uniforms and would be very grateful for donations of second-hand items and/or financial support to enable them to purchase underwear and shoes and uniforms for the coming winter term. To do so please use the following contacts:

Kate Collet-Fenson: 07970 547999

colletfenson@gmail.com

Candy Piercy: 07976 968892

candy@candypiercy.org.uk

David White: 07787 750889

david@dhwhite.plus.com

In October, during our weekly meetings, the Club will be having a talk by the Newman Holiday Trust, a voluntary organisation providing summer holidays for children with special needs; another will be on charity work in Sierra Leone and a third on the WW1 Battle of Ypres. The Club will also be visiting the Formula 1 Museum at Silverstone. We support the Youth Enquiry Service in High Wycombe, and Club members will be joining them in celebrating their 40th Anniversary on the 14th of October. Club members will also be supporting the Naphill/Walters Ash Firework display in November.

We are currently in the process of inducting 8 new Club members, and we are always looking for new ones, both male and female. If you wish to consider joining this thriving and active Club and would like to learn more go to:

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Classics on the Crick Raises £18,775 for the Thames Valley Air Ambulance

On Thursday 28th of July, we held a special evening for all volunteers and helpers involved in this year's show.

Gathering on the Crick, a cheque presentation was made to Ruth Dunkin, Head of Community and Events at Thames Valley Air Ambulance.

In total, this year we raised £18,775 from the Classic Car Show held on the 12th of June.

Some of our volunteers are naturally Classic car and bike enthusiasts. In the background of the photo, you can see some of the classic vehicles belonging to the group. After the cheque handover, everybody headed over The Wheel for a celebratory meal and a few of drinks.

The Air Ambulance are currently expanding their operations. On an average day, they are called out 7 times a day to critically ill and injured patients.

They will shortly be running five rapid response vehicles based around the three counties. A new helicopter has been purchased which will come into service this September when the lease agreement ends on the current helicopter. At this point the service will become an independent aircraft operator employing their own pilots.

However, extensive research has shown that during night-time, response times are quicker using their rapid response vehicles, due to the difficulty in a landing a helicopter in residential areas during darkness. So, vehicles will take over in the evening. Each rapid response vehicle is now equipped with the same equipment as the helicopter, including an ultrasound machine, vital signs monitor, and a lifesaving pack of blood and plasma kept in very specialised cool box

The additional monies that are raised through local events allow the Air Ambulance to buy the best possible equipment for these emergency efforts. For example, the money raised by Classics would pay for two Lucas Automatic Chest Compressor machines.

Classics on the Crick will hopefully be back in June next year. If you would like to get involved in helping next year, please get in contact via our email, <a href="mailto:classicsonthecrick@gmail.com">classicsonthecrick@gmail.com</a>

Once again, thank you to everybody from the village who helped us raise such an amazing total.

The Classics on the Crick Team





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## **Welcome to Lindengate**

Lindengate Charity Awarded Queens Award for Voluntary Services

Help us Continue to Support Our Community This Winter

Lindengate, The Old Allotment site, Wendover, Buckinghamshire, HP22 6BD

As we head into Winter, many of us will start to think of Christmas, hoping we may be more organised than in previous years!

We have fabulous Christmas Wreath workshops that would make a great gift, or get together with some friends and come and have some fun in our Yurt this December, with our expert florists guiding you to make a unique wreath to hang in your home this Christmas. Full details and dates can be found here <a href="https://www.lindengate.org.uk/event/christmas-wreath-workshops/">https://www.lindengate.org.uk/event/christmas-wreath-workshops/</a>

We are all experiencing the effects of the rising cost of living in our every day lives, but you can still support Lindengate, by doing your Christmas shopping through websites such as AmazonSmile, GiveAsYouLive and EasyFundraising. All these sites donate a small percentage to Lindengate, at no extra cost to you! Take a look at our website for details: <a href="https://www.lindengate.org.uk/how-to-donate/">https://www.lindengate.org.uk/how-to-donate/</a>

Why not send digital cards this Christmas to friends and family? With a wide selection to choose from, take a look at https://www.dontsendmeacard.com/ecards/charities/lindengatemental-health-charity and help raise much needed funds for Lindengate to enable us to continue to support our community.

Our multi-award winning 6 acre unique wildlife gardens are open to all, so come and see us soon, taking time to wander through our gardens, relaxing by our pond & taking time to notice our biodiverse environment. Our Winter opening times from 1st October, are: Wednesdays 1.30 – 3.30pm & Saturdays 1 – 4pm.

For full details on our programmes, events & how you can support us, please go to: www.lindengate.org.uk

Lindengate Charity – Better Health & Wellbeing for All Through Nature



## Naphill Tennis Club

As summer draws to a close, may I remind you that our tennis courts are playable all year round. To this end, in addition to our normal club sessions, our Head Coach, Melanie Burn, is continuing with her excellent coaching sessions for all to enjoy.

If you would like to improve your tennis, learn a new sport or just keep active and warm in the months ahead (very relevant with energy prices rising), please get in touch with Mel on 07949 128195 or email <a href="mailto:melebbles@hotmail.com">melebbles@hotmail.com</a>.

For further information about the Tennis Club, do pay a visit to our website at www.naphilltennisclub.org. uk or for details on joining the club please contact our Membership Secretary, Sarah Dengel, on 07905 226203/email naphilltennismembership@gmail.com.



Jenny Tench



#### Join Our Autumn Coaching Sessions!

#### Adults

Beginners and improvers . Classes for all at Naphill tennis club .

- Monday 9am beginners / rusty rackets
- Monday 10am improvers/ developing strategies
- Wednesday 9am improvers , doubles strategy
- Monday 6pm beginning/rusty rackets

 $\label{thm:contact} \textit{Do contact Mel for more details and to discuss which group would work best for you!}$ 

Phone: 07949 128195

Visit our website: https://clubspark.lta.org.uk/NaphillLTC find us on Facebook: Naphill Tennis Club



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## Celebrating a remarkably busy summer



In the previous issue of the Gazette, I mentioned that our u3a was forecasting a busy summer. This proved to be the case. We have been working on ideas for starting a new Geology Group, hopefully in October. We are planning an open meeting in September to gauge local interest. Plus, we have revamped our Craft Group to give more variety. Do contact me if you are interested in either our Geology or Craft groups.

On Wednesday 26th October we will be enjoying a talk, with films and music, on Pageants in England. Why not come? These meetings are held in Lacey Green Village Hall (bus 300 stops outside). We do not charge for your first meeting and the tea is free!

#### **Outings and Talks**

On 25 August St John's, Little Missenden hosted a visit of twenty-six of our members to hear about the history of this historic Church and to view the recently restored 'wall paintings', which have been brought back to their original condition by spectacular audio-visual enhancements. This proved to be an extremely popular event with a brilliant explanation of both the history of the church and wall paintings by The Reverend John Simpson. The church kindly supplied a clotted cream tea, enjoyed by everyone. Following the visit to the Church we toured the village, hosted by our history expert, and learnt about the architecture of both the Church and local village houses. Of special note was The Manor House with its ornamental gardens designed by Angelica Kauffman. Angelica is remembered primarily as a history painter, she was also a skilled portraitist, landscape and decoration painter. She was, along with Mary Moser, one of two female painters among the founding members of the Royal Academy in London in 1768. We might even look further into the work of Angelica in our Discovering Art Group. If seeing and appreciating Art and artists appeals, we have an extremely popular Art Group. But if you prefer to try out your painting skills, we have a Group to help with that as well.





Like to join us on our next local visit? For more details email me: gilliamph@aol.com

#### **Facebook High Wycombe and District Facebook**



Our Facebook site is developing fast with private sites for Members of Groups and a Public Site to share information with anyone on FB worldwide. We offer training on the use of FB to our Group Leaders and members

of their Groups. We hope you will look initially at our site and send in messages. All postings are moderated by us before they appear. Latest figures show over 90% of over 60's use the internet and Facebook is the number one social media site for older people on both computers and mobile phones. Not Tik Tok!

Paul Gilliam





## Toddle In Group nurturing curious minds

## Apples, apples and remembering our late Queen

After a lovely, hot, Summer we are delighted to be back. We have lots of new families joining us this month and we are taking time to get to know each other and secure new friendships. We had our first ever Ofsted inspection before the Summer and the report is now online for you to view. Please just go to Ofsted's website and pop our name in. The team and I are very proud of our report and hope you enjoy the read, maybe with a cup of tea and a slice of Apple cake!

We are been indulging our senses with all things to do with apples this week! The apples are falling from the trees, and where nature goes, we follow here at Toddle In. The children have had the chance to learn a little bit about pollination and how our fruits grow. They have been practicing cutting in to halves and quarters and learning new vocabulary such as core, pips, and peel.

We are very busy recruiting for a new team member to join us next month, and the children have relished the opportunity to explain to our visiting adults just how apple trees are grown and the many ways we can taste apples. So far the children have had fresh apple slices (soon to be dipped in honey to celebrate Rosh Hashanah), apple crumble that they made themselves, apple cake, and apple juice.

They have enjoyed story books such as 'The very helpful hedgehog' and tried to recreate catching apples with toothpicks similarly to how the hedgehog helps his friend the Donkey. Finally, we of course have been singing about apples! We love to sing with the children, they enjoy the rhythm and collective activity and we know that singing is a great way to develop a child's spoken language.

Our song is sung to the melody of 'Here we go round the Mulberry bush' and each verse describes a part of the apple trees growth. We match the verses with actions to keep our bodies moving.

Here we go round the apple tree, the apple tree, the apple tree. Here we go round the apple tree, so early in the morning.

- 1. This is the way we plant the seeds.
- 2. This is the way the little seed sprouts.
- 3. 3. This is the way it grows to a tree.
- 4. This is the way the flowers blossom.
- 5. The is the way the apples grow.
- 6. This is the way the apples are picked.

It would seem wrong not to mention the passing of Her Majesty Queen Elizabeth II. With the platinum jubilee still fresh in the children's memories, they came in to the Nursery with the news and their questions. We looked through the photographs with the children of all the celebrations. The children were able to recall that they had made her a beautiful card with lots of their artwork and that they had posted it to Buckingham palace.

Then, a few days later our Post arrived, which gets help over the Summer break for us. There on the top of the pile was a letter sent from Buckingham Palace, with a post mark of the 8th August. We all gathered together in a circle and opened it to see what was inside. The children had received a beautiful card thanking them for their work, with 2 lovely bright and happy photos of the Queen. They were so excited, and we spoke about now when we write to Buckingham Palace it will be to Kind Charles III. They are now putting together a card of artwork to send to him.

We are still offering tours, and now we have a short video of our Nursery on our website www.toddleingroup.co.uk/Naphill for families to take a look at. If you would like to book a visit please call Kim on 01494957196 or email enquiries@toddleingroup.co.uk.

Kim Crompton









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